



GUSTON CHURCH OF ENGLAND PRIMARY SCHOOL

Curriculum Overview

2015/6

Subject:	Relationship and Sex Education (RSE)
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Year	Autumn Terms	Spring Terms	Summer Terms
EYFS		Our Lives Physical Development and Self Care (Our Day, Keeping Ourselves Clean)	Our Lives Personal, Social and Emotional Development Making Relationships (Families)
Y1		Growing and Caring for Ourselves To understand some basic hygiene principles To introduce the concept of growing and changing	Growing and Caring for Ourselves To explore the different types of families and who to ask for help.
Y2		Differences To introduce the concept of male and female and gender stereotypes To identify differences between males and females To explore some of the differences between male and females and to understand how this is part of the lifecycle.	Differences To focus on sexual difference and name body parts
Y3		Valuing Difference and Keeping Safe To explore the differences between males and females and to name body parts	Valuing Difference and Keeping Safe To consider touch and to know that a person has the right to say what they like and dislike. To explore different types of families and who to go to for help and support
Y4		Growing Up Explore the human life cycle	Growing Up To identify basic facts about puberty To explore how puberty is linked to reproduction
Y5		Puberty To explore the emotional and physical changes occurring in puberty	Puberty To understand the male and female puberty changes in more detail Explore the impact of puberty on the body and the importance of physical hygiene. Explore ways to get support during puberty
Y6		Puberty, Relationships and Reproduction To consider puberty and reproduction Consider physical & emotional behaviour in relationships	Puberty, Relationships and Reproduction To explore the process of conception and pregnancy To explore positive and negative ways of communicating in a relationship