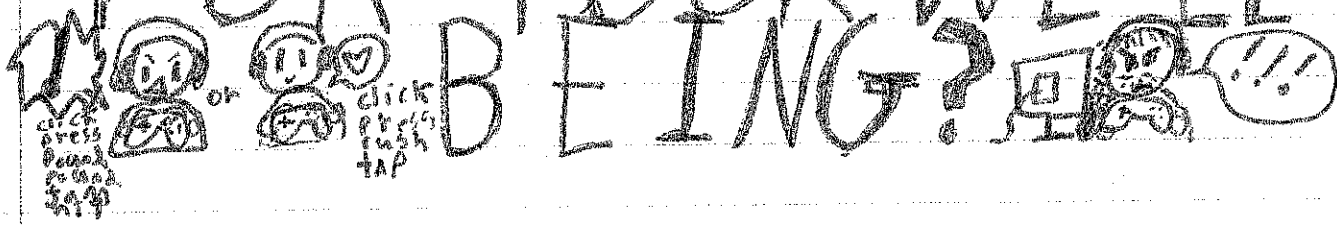
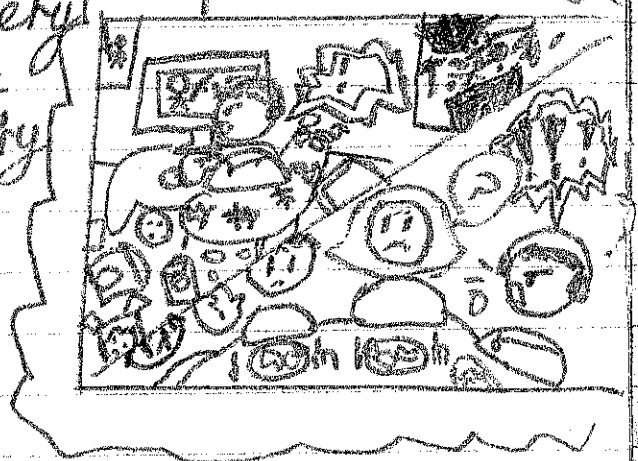


# IS GAMING GOOD FOR YOUR WELL BEING?



Throughout the years alot of parents associat video game with a negative impact. The concern is that many games are violent. Parents worry that video games 'teach kids that aggression is a successful way to solve conflicts and get what you want.'



But on the other hand a recent study found that there was practically no evidence that violent games make children aggressive. However there are also concerns about online safety. Which side are you on?